

Community Assistance

United Way – *First Call for Help*
Cell phone direct Dial 211
 817-258-8100

Mental Health America
Online (web-based searchable mental health resources) 817-335-5405
 www.mhatc.org

Food & Financial Assistance

Bread Basket Ministries 817-535-2323

Catholic Charities 817-534-0814
 817-274-2560

Catholic Charities Housing for Elderly and Disabled (*Casa, Inc.*) 817-332-7276
 (*Nuestro Hogar*) 817-261-0608

Community Enrichment Center (NRH) 817-281-1164

Department of Health & Human Services (*Fort Worth - Food Stamps*) 817-531-5620

Mission Arlington 817-277-6620

Mission Central (*Hurst*) 817-595-0011

Salvation Army 817-834-6271
 817-531-8885

Other Resources

AIDS Outreach Center 817-335-1994

Tarrant County City Hall 817-884-1111

Tarrant County Public Health Department (City Hall) 817-321-4700
 (*HIV, AIDS, TB, Hepatitis, STD counseling/screening*)

WIC (*nutrition for pregnant women & children up to age 5*) 817-321-5400

Social Security (Disability or SSI) 1-800-772-1213

Legal Aid of North Texas 817-336-3943

Legal Aid of Northwest Texas Wesleyan University 817-649-4740

Legal Hotline for Older Texans 1-800-322-2520

Tarrant County Bar Association

(*Legal Line*) 817-335-1239

(*Lawyer Referral line*) 817-336-4101

Crime Victim Assistance 1-800-394-2255

Texas Workforce Commission	817-420-1600
NAMI (<i>National Alliance on Mental Illness</i>)	817-332-6600
The Parenting Center	817-332-6348
The Warm Place (<i>Grief Support</i>)	817-870-2272
Texas Department of Assistance of Rehabilitative Services (DARS) (<i>Job training and assistance</i>)	1-800-628-5115 TTY (1-866-581-9328)
Department of Family and Protective Services (DFPS) (<i>Report child or elder abuse/neglect</i>)	1-800-252-5400
Department of Aging and Disability Services (DADS) (<i>Fort Worth</i>) (<i>Arlington</i>)	817-321-8169 817-461-8273 ext. 336
Department of State Health Services (<i>Fort Worth</i>) (<i>Arlington</i>)	817-264-4500 817-871-7201
Department of Health & Human Services (<i>Dallas – Food Stamps/Medicaid</i>) (<i>Fort Worth</i>) (<i>Arlington</i>)	214-351-6231 817-321-8000 817-461-8273
Child Study Center	817-336-8611
Excel Center for Youth	817-333-2744
Excel Center for Adults	817-261-3121
Cook Children’s Medical Center	682-885-4000
Money Management Tarrant County	817-921-0499
Red Cross	817-335-9137
Tarrant County Housing	817-531-7640
Fort Worth Housing Authority	817-336-2419
Internet resources for housing assistance	senioroutlook.com newlifestyles.com ncr-home.org
Union Gospel Mission (<i>Shelter</i>)	817-339-2553
Presbyterian Night Shelter	817-335-3639
<u>Psychiatric Hospitals</u>	
Trinity Springs Pavilion (<i>Adolescents 13-17</i>)	817-927-3636
Baylor All Saints	817-922-1162

Harris Methodist Springwood Psychiatric Hospital	817-355-7777
Huguley Hospital Behavioral Health	817-568-5950
Millwood Hospital	817-261-3121

Outpatient Hospitals/Clinics

JPS Health Center <i>(Fort Worth)</i> <i>(Arlington)</i>	817-921-3431 / 817-921-3636 817-920-6300
JPS Heights Dental Center	817-924-8493
Dental Health Arlington	817-277-1165
JPS Psychiatric ER <i>(10th floor JPS hospital)</i>	817-927-4151
Northeast Behavioral Health Clinic	817-920-6410
Stop Six Behavioral Health Clinic	817-920-7153
Viola Pitts/ Como Behavioral Health Clinic	817-920-7422
MHMR of Tarrant County (Crisis Line)	817-335-3022
MHMR <i>(Fort Worth)</i> <i>(Arlington)</i>	817-335-5371 817-569-4300
Homeless outreach/access program	817-569-4670
Baylor All Saints Behavioral Health	817-922-1162

Other Assistance

Tarrant County Mental Health Warrant Department	817-335-3022
Care Corps	817-282-0531
Handi Tran (Arlington Only)	817-459-5390
MITTS	817-332-4444
WHEELS	817-227-7669
Safehaven of Tarrant County <i>(Fort Worth)</i> <i>(Arlington)</i>	817-535-6464 / 817-536-5496 817-548-0583 / 817-460-5566
24-hour Hot Line:	1-877-701-SAFE(7233)
Counseling <i>(Fort Worth)</i> <i>(Arlington)</i>	817-536-5496 817-536-5496

Women's Center of Tarrant County *(Fort Worth)* 817-548-1663 / 817-927-4040
(Arlington) 817-548-1663

Rape Crisis Program 817-927-4039

Employment Program 817-927-4050

Help Line: 817-927-2737

The Art Station 817-921-2401

Santa Fe Adolescent Services 817-429-4673

Sundance Behavioral Healthcare 817-222-9191

Alliance for Children 817-336-8611

ACH Child and Family Services (formerly All Church Home) 817-335-4041

Depression and Bipolar Support Alliance 817-654-7100

Depression Connection Team 817-810-9599

**Fort Worth Independent School District
 Family Resource Centers**

FRC Northside 817-740-4511

FRC Forest Oak 817-531-4680

FRC Riverside 817-222-7577

FRC Western Hills 817-560-5200

Lena Pope Home 817-255-2652

Tarrant County Challenge, Inc. 817-336-6617

Money Management Tarrant County 817-921-0499

United Community Centers 817-531-2803

Medicare 1-800-633-4227

Social Security 1-800-772-1213

Mental Health Association of Tarrant County 817-335-5405

Family Assessment Consultation and Therapy 817-377-0808

Family Counseling 817-877-3707

Counseling Resources

The Warm Place (Grief/Loss)	817-870-2272
Safe Haven (Domestic Violence)	817-536-5496
Women's Center	817-937-4040
The Parenting Center	817-332-6348
Catholic Charities	817-534-0814
The Excel Center	817-335-6429
Sundance Hospital	817-583-8080
Millwood Hospital	817-261-3121
Santa Fe Youth Services	817-492-4673
MHMR of Tarrant County	817-569-4451
MHMR (Northwest Clinic)	817-569-5000
Aids Outreach Center	817-335-1994
Harris Methodist HEB Springwood	817-355-7771
The Right Step (DFW Central - Chemical Dependence/Abuse)	817-857-9100
Mesa Springs Hospital	817-292-4600

Hotlines/Helplines

817-335-3022 (Crisis & Screening -Tarrant Co. MHMR)

1-866-672-5100 (Suicide & Crisis Center of North Texas)

1-214-828-1000 (24/7 Crisis Hotline)

1-800-273-TALK (8255) (24/7 Hotline -Talk National Suicide Prevention)

1-800-SUICIDE (1-800-784-2433) (24/7 Suicide Prevention - Nation-wide Hotline)

1-888-628-9454 (Spanish-speaking)

1-800-273-TALK (8255) then press 1 (Veterans Crisis Line)

1-800-799-4TTY (4889) (Hearing impaired)