

(Confidential Client Information)

TEXAS WESLEYAN UNIVERSITY COMMUNITY COUNSELING CENTER

FAMILY SAFETY AGREEMENT

I, _____, agree that I will not harm my **family or myself** while
(client)

in counseling with _____ of the Texas Wesleyan University
(Student Counselor/Counselor)

Community Counseling Center. I also agree that if I find I am feeling strong desires to inflict bodily harm to **myself or my family, I will not do so**. Instead, I will call Texas Wesleyan University Community Counseling Center to **schedule and keep** an appointment with my counselor. If I can't reach my counselor at the Texas Wesleyan University Community Counseling Center, I agree to seek emergency medical/psychological attention at the nearest hospital or mental health center. I also agree to remove any firearms, secure all medications/potentially lethal substances from my home/residence and release them to the care of my next of kin or anyone who will store them in a safe, undisclosed location for my protection. If none of these options is available, **I will call:**

817-335-3022 (Crisis & Screening -Tarrant Co. MHMR)

1-866-672-5100 (Suicide & Crisis Center of North Texas)

1-214-828-1000 (24/7 Crisis Hotline)

1-800-273-TALK (8255) (24/7 Hotline -Talk National Suicide Prevention)

1-800-SUICIDE (1-800-784-2433) (24/7 Suicide Prevention - Nation-wide Hotline)

1-888-628-9454 (Spanish-speaking)

1-800-273-TALK (8255) then press 1 (Veterans Crisis Line)

1-800-799-4TTY (4889) (Hearing impaired)

(Client **Signature**)

(Date)

(Student Counselor/Counselor **Signature**)

(Date)

****PLEASE NOTE STATEMENT BELOW****

FAILURE TO COMMIT TO THIS FAMILY SAFETY AGREEMENT MAY RESULT IN YOUR COUNSELOR NOTIFYING YOUR NEXT OF KIN OR SOMEONE ELSE WHO MAY BE ABLE TO ESTABLISH AN "INTERVENTION" OR IN EXTREME CIRCUMSTANCES YOUR COUNSELOR MAY EXERCISE THE RIGHT/RESPONSIBILITY TO INFORM THE APPROPRIATE CIVIL AUTHORITIES WHICH COULD LEAD TO HOSPITALIZATION OR POSSIBLE DETAINMENT.

Copy given to client Yes No

(Fort Worth Police phone no. for Welfare Check: 817-335-4222)
(Arlington Police phone no. for Welfare Check: 817-274-4444)